

# September 2017 Lunch Menu

## Go Indians!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WEEK 1					<b>1</b> <u>Choose one:</u> Taco w/Chips or Chicken Quesadilla with Refried Beans, Salsa, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>2</b>
<b>3</b> WEEK 2		<b>5</b> <u>Choose one:</u> Cheeseburger on Bun or Chicken Patty on Bun with Sweet Potato Fries, Baked Beans, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>6</b> <u>Choose one:</u> Chicken Fajita Wrap or Burrito with Refried Beans, Salsa, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>7</b> <u>Choose one:</u> Mini Corn Dogs or Hot & Spicy Chicken on Bun with Carrots, French Fries, Green Beans, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>8</b> <u>Choose one:</u> Salisbury Steak/Gravy or Chicken Fried Steak/Gravy with Broccoli, Mashed Potatoes, Roll, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>9</b>
<b>10</b> WEEK 3	<b>11</b> <u>Choose one:</u> Cheese Stix or Jumbo Corn Dog with Carrots, Peas, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>12</b> <u>Choose one:</u> Popcorn Chicken or Sliced Ham with Mashed Potatoes, Baked Beans, Roll, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>13</b> <u>Choose one:</u> BBQ Rib Patty on Bun or Pepperoni Pizza with Salsa, Corn, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>14</b> <u>Choose one:</u> Lasagna Roll-up or Grilled Chicken with Green Beans, Sweet Potatoes, Rolls, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>15</b> <u>Choose one:</u> Orange Chicken or Sweet & Sour Meatballs with Brown Rice, California Blend, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>16</b>
<b>17</b> WEEK 1	<b>18</b> <u>Choose one:</u> Chicken Nuggets or Fish Wedge with Sweet Potato Puffs, Peas, Roll, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>19</b> <u>Choose one:</u> Hamburger on Bun or Buffalo Chicken Pizza with French Fries, Carrots, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>20</b> <u>Choose one:</u> BBQ on Bun or Hot Dog on Bun with Broccoli, Baked Beans, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>21</b> <u>Choose one:</u> Toasted Cheese Sandwich or Ham & Cheese on Bun with Fresh Veggie Cup w/Ranch, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>22</b> <u>Choose one:</u> Taco w/Chips or Chicken Quesadilla with Refried Beans, Salsa, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>23</b>
<b>24</b> WEEK 2	<b>25</b> <u>Choose one:</u> Pepperoni Pizza or Turkey/Cheese Sub with Corn, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>26</b> <u>Choose one:</u> Cheeseburger on Bun or Chicken Patty on Bun with Sweet Potato Fries, Baked Beans, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>27</b> <u>Choose one:</u> Chicken Fajita Wrap or Burrito with Refried Beans, Salsa, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>28</b> <u>Choose one:</u> Mini Corn Dogs or Hot & Spicy Chicken on Bun with Carrots, French Fries, Green Beans, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>29</b> <u>Choose one:</u> Salisbury Steak/Gravy or Chicken Fried Steak/Gravy with Broccoli, Mashed Potatoes, Roll, Tossed Salad <u>Choose one to three:</u> Assorted Fruit <u>Choose one:</u> FF Unflavored Milk or Flavored Milk	<b>30</b>

Student Paid Lunch: \$2.70

Student Reduced Lunch: \$0.40

Adult Lunch: \$3.45

**Five food components are offered daily: Meat/meat alternative, vegetable, fruit, grain and milk. Students must take a fruit or vegetable to receive a reimbursable meal. However, they may refuse 2 of the other food components offered. The price remains the same.**

**MENUS ARE SUBJECT TO CHANGE.**

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