

August 2017 Lunch Menu

Go Indians!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 WEEK 1	7	8	9 Choose one: BBQ on Bun or Hot Dog on Bun with Broccoli, Baked Beans, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	10 Choose one: Toasted Cheese Sandwich or Ham and Cheese on Bun with Fresh Veggie cup w/Ranch, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	11 Choose one: Taco w/Chips or Chicken Quesadilla with Refried Beans, Salsa, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	12
13 WEEK 2	14 Choose one: Pepperoni Pizza or Turkey/Cheese Sub with Corn, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	15 Choose one: Cheeseburger on Bun or Chicken Patty on Bun with Sweet Potato Fries, Baked Beans, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	16 Choose one: Chicken Fajita Wrap or Burrito with Refried Beans, Salsa, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	17 Choose one: Mini Corn Dogs or Hot & Spicy Chicken on Bun with Carrots, French Fries, Green Beans, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	18 Choose one: Salisbury Steak/Gravy or Chicken Fried Steak/Gravy with Broccoli, Mashed Potatoes, Roll, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	19
20 WEEK 3	21 Choose one: Cheese Stix or Jumbo Corn Dog with Carrots, Peas, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	22 Choose one: Popcorn Chicken or Sliced Ham with Mashed Potatoes, Baked Beans, Roll, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	23 Choose one: BBQ Rib Patty on Bun or Pepperoni Pizza with Salsa, Corn, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	24 Choose one: Lasagna Roll-up or Grilled Chicken with Green Beans, Sweet Potatoes, Rolls, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	25 Choose one: Orange Chicken or Sweet & Sour Meatballs with Brown Rice, California Blend, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	26
27 WEEK 1	28 Choose one: Chicken Nuggets or Fish Wedge with Sweet Potato Puffs, Peas, Roll, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	29 Choose one: Hamburger on Bun or Buffalo Chicken Pizza with French Fries, Carrots, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	30 Choose one: BBQ on Bun or Hot Dog on Bun with Broccoli, Baked Beans, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk	31 Choose one: Toasted Cheese Sandwich or Ham & Cheese on Bun with Fresh Veggie Cup w/Ranch, Tossed Salad Choose one to three: Assorted Fruit Choose one: FF Unflavored Milk or Flavored Milk		

Student Paid Lunch: \$2.70

Student Reduced Lunch: \$0.40

Adult Lunch: \$3.45

Five food components are offered daily: Meat/meat alternative, vegetable, fruit, grain and milk. Students must take a fruit or vegetable to receive a reimbursable meal. However, they may refuse 2 of the other food components offered. The price remains the same.

MENUS ARE SUBJECT TO CHANGE.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.